



WORKING HAND IN HAND

Riverside Ramblings

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PRINCIPAL'S MESSAGE

We have had a great start up to the school year. Students have adjusted to their new classes and with the fantastic weather we have had wonderful outdoor learning experiences by all classes. Staff and students are making great use of our property across the road for things including pond studies, structure building, nature walks, math activities, cross country run and gym classes. There are countless opportunities for learning in the outdoors and our goal this year is to continue to extend our learning beyond the interior of our building to the "great outdoors". For this reason, it is important that you ensure that your child is dressed for whatever weather the day may bring. Rain gear, boots, hats, mitts and warmer clothing as the days get colder, will be essential as we plan to head outside despite the weather. Thank you so much to all of the volunteers who are helping with various programs at Riverside. We have many volunteers who are helping us with things like the Arrowhead Cross Country run, Breakfast program, Lice checks and working directly with students to support their academics.

We are still looking for volunteers for our upcoming Riverside Craft Sale on November 14th and 15th and for support in our library. If you are able to donate any time at all please contact the school office and let us know your availability. Thank you in advance for supporting our students! As most of you are aware, we are using a new method of communicating with our Riverside families. School connects is an automated service that allows us to send out messages regarding upcoming events, attendance, newsletters or important information items. The system uses voice calls, text messages and email. We are working through some "growing pains" with the system so please be patient with us as we find out the most effective way to deliver these messages. Have a terrific Thanksgiving weekend, with an extra long break due to our PA day on Friday, Oct. 9th. Please don't hesitate to call or drop by the office and see me if you have any questions or concerns. Mary Lou Lefler



Dates to Remember:

- Oct 1—Photo day
- Oct 2—Terry Fox walk
- Oct 9—PA day, no school for students
- Oct 12—Thanksgiving day
- Oct 19—Parent Council meeting at 6:30
- October 22 -Christmas Craft Show meeting—6:30
- Oct 23—Basketball tournament at HHS, pm only
- Oct 27—"If I Can" presentation by Chris Koch
- Oct 28—Hep B and HPV shots for gr 7 & 8

PARENT COUNCIL

We had a great parent turnout at our first Parent Council meeting of the year. Our next meeting is being held on **Monday October 19th at 6:30 pm.** We will be holding elections for the Council positions for the 2015-2016 year (Chair, Treasurer, Secretary). If you are interested in running for one of these positions please submit a nomination form to the office (contact the office if you do not have the form). If you do not wish to hold a position, please feel free to attend the meeting to be a part of

the parent representatives.

Plans are well underway for our largest fundraiser of the year, our Christmas Craft Sale which is being held on November 14th and 15th. We are holding a craft show committee meeting on **Thursday October 22nd at 6:30.** We are looking for volunteers to donate a few hours of time on the weekend. If you are able to help us out, please contact the office.

This newsletter is available on the Riverside TLDSB website at <http://riv.tlidsb.on.ca>
 Stay up-to-date by following us on TWITTER at <http://twitter.com/#!/riversideps>

Call Safe Arrival When Your Child is LATE or ABSENT 705-789-7673



Better Together



RIVERSIDE SCHOOL CHRISTMAS ARTS AND CRAFT SHOW REPORT:

Your Craft Show Committee had its first meeting Tuesday, September 29th. We are happy to report that, with a lot of returning vendors and many new applications, we will be full again on November 14th and 15th and this is our 25th YEAR!!

For those of you who are not familiar with this annual event, it is our school's largest fundraiser, which helps fund the musical instruments, ski and snowshoe programs, musical, playground equipment and many pieces of technology. This annual event has truly become a much anticipated weekend in our community where people come to shop from over 80 local artisans and craftspeople. There are items ranging from hand painted garden pots and home made jams to multi-media sculptures; a raffle table with over 100 items supplied by our vendors, parents, and our community; silent auctions; bake table and snack bar; face painting; and sometimes even a visit from Santa.

On the school website is the form which shows the times for volunteers to help out. Please check it out and call the office to book your time early. We are always looking for volunteers for as little a commitment as one hour. We appreciate your support.

HEAD LICE ALERT

It's the time of year to be extra vigilant with respect to head lice. We have had many cases of head lice this year and we are attempting to ensure that we eliminate the problem. "Head Checks" are conducted on a regular basis at the school with trained parent volunteers. **Volunteers are needed . We would like to have two parent volunteers per classroom. Training is available for anyone who is willing to help with our lice checks.**

How else can you help?

- ◆ Provide your child with his/her own brush
- ◆ Ask your child to keep outdoor clothing on their own hooks
- ◆ Put hats/mitts/scarves in their coat sleeves when hanging them up at school
- ◆ **"Inspect" your child's hair at home on a regular basis**
- ◆ "Treatment" - select one of the many products used in the treatment of head lice (consult your pharmacist or physician if in doubt). Follow the directions carefully.

Only after treatment and REMOVAL OF ALL NITS MAY THE STUDENT RETURN TO SCHOOL!!! Please call the school to be sure there is someone available to re-check your child before they return to the classroom.

Dr. Moshe Ipp, from the Hospital for Sick Children in Toronto, recommends the following treatment rather than one of the many products on the market :

- equal parts of mineral oil and vinegar
- massage into the hair
- cover for 1 hour with a shower cap
- shampoo out with your regular family shampoo (not pediculosis shampoo)



This treatment can be repeated as often as needed; it suffocates live lice and makes for easy and smooth combing out of detached nits and dead lice. Invest in a good metal lice comb and continually use it.

BE A GERM STOPPER!

Did you know?

You can catch a cold or flu by rubbing your nose or eyes after touching someone or something that is carrying the cold or flu virus?



Some germs can live on surfaces like desks and keyboards for up to several days?

If you have ever been sick with a cold or flu, blame a germ! You cannot see germs but they can make you sick!

The single most important thing we can do to keep from getting sick and spreading illness to others is to wash our hands. Children learn by example. By washing your hands properly, you are also showing your children the proper way to wash their hands.

You can use an alcohol-based hand sanitizer (minimum 60% alcohol) if your hands are not visibly dirty and if soap and water are not available.

STOP THE SPREAD OF GERMS

- ◆ Wash your hands with soap and water for at least 15 seconds (or use hand sanitizer if soap & water is not available).
- ◆ Cover your cough or sneeze with a tissue or your upper arm.
- ◆ Stay at home if you are sick.

NEWS FROM THE GYM

We would like to remind all students from Grades 4 -8 that they need to change for every P.E. class. Students must wear running shoes, t-shirt, shorts or track pants.



Thanks to those who are doing a fall clean out and donating their gently used sports items. Keep them coming.

Many of our students had an incredible day at the Arrowhead run, despite the soggy conditions. A huge thank you to the volunteers who helped us out for the day.

We also had a great time with our Terry Fox run on October 2nd. Our kindergartens raced around the school yard while our grade 1-8 students ran our trails on our property across the road. It was great to be joined by some family members as well. Also, thank you for the donations for this great cause.

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